

## TTF Liebherr Ochsenhausen

### *REVIEW Player*

Name of the Player:	Season 2015/16	Date:
Hugo Calderano	1. Review	22.01.2016
Position:	Next Review Date:	
Player TTF		

#### **GOAL:**

1. The performance and moral of the player should be reflected over the last 6 months in order to review the standings of their table tennis and other related areas
2. Reflecting the strengths and/or topics which need to be improved
3. Showing the player exactly what is expected from him and give him possibility to improve

#### **This chart is a guidance for the performance appraisal:**

<b>Insufficient</b>	Player is not achieving the requirements requested in Ochsenhausen. Immediate improvement is needed
<b>Improvement needed</b>	Player is often not achieving the requirements in Ochsenhausen. Improvement is needed.
<b>Meet the requirements</b>	Player is achieving the requirements on a regulary basis.
<b>Exceed the requirements</b>	Player is exceeding the requirements and is an important example for others
<b>Outstanding</b>	Player is always exceeding the requirements and is an example for other players in strenth, will and moral

	Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
<b>Results</b>					
<i>League Balance</i>			X		
<i>World Tour</i>			X		
<i>Challenger Series</i>					
<i>National Team</i>			X		
<i>Other Tournaments:</i>					
<i>Average Results:</i>			X		

**Comment:**

It is not too much to say or evaluate in the results section due to your injury. However it must be said that what you played you played okay and did okay. Generally September was a hard period for you in terms of lack of rest and busy time in the summer which lead to overload and ups and downs in your results, but after your recovery you made a **very good impact in the games that you played**.

	Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
<b>Mental Area</b>					
<i>Approach/ Attitude</i>				X	
<i>Fighting Spirit</i>				X	
<i>Persistence</i>				X	
<i>Humility</i>			X		
<i>Mood</i>			X		
<i>Identification</i>					X
<i>Group Spirit</i>				X	
<i>Average Mental Area:</i>				X	

**Comment:**

Definitely you have learned a big lesson with your injury which helps you to be even stronger in mental part. This is your core strong part where you make a **huge difference compare to the others**. You have worked through the recovery time without a big change in your mood. We feel that you are ready to listen and recieve information more and more, especially in practice. That is the right way as you have great people with huge knowledge and experience around you. You have excellent qualites in facing difficulties and you are fully into your own table tennis project. Mental approach towards practice is the area you are working on and you are finding the joy in the daily work. **Continue focusing on your daily work in the training hall, it is a good way that you have been on lately!**

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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### Physical Preparation

Strength/Stability		X		
Endurance			X	
Speed			X	
Balance		X		
Flexibility		X		
Power			X	

*Average Physical Preparation:*

X

#### Comment:

You have worked a lot during your injury which made your physical shape good and enables you to move better, hence play also with better technique. In addition the improvement you made let you practice more and longer. **Continue to work this way, use your physical shape to support your table tennis.** Keep regularity in your physical work even when you will play or travel more in competition period!

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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### Game

Footwork		X		
Forhand		X		
Backhand			X	
Passive Game (FH, BH, taking over)	X			
Above the Table (Flick, short-short, choop)		X		
Service		X		
Receive		X		
Far from the table (loobing, counter attack)		X		
Own game/style			X	
Stability			X	
Variations			X	
Consistency		X		

*Average Game:*

X

#### Comment:

For now you understood the importance of practice and the work in the training hall. Moreover you have developed as a player during your injury. It sounds weird but this time you also practiced and matured! You were excellent in transforming this experience and work into your table tennis once you have restarted. This is just the beginning, still a lot to learn but now **your mind and body support this process** which can lead to fast improvement overall in your game.

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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**Off Table Activities**

Helping out ( Pick Ups, ect.)			X	
Planning/ Organised			X	
Flat			X	
Lessons (German/English)				
Car (condition/ accident ect.)				
Beeing on time			X	
Extra work			X	

<i>Average Off Table Activities:</i>			X	
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**Comment:**

Nothing special to mention here beside the fact that you are well organised, good planned and you are very independent. In case of asking help or any assistance we are there for you, just please ask on time. When it comes to any extra work you have been doing so, in the future you will have also more energy to do more of some special extras. **If you have peace off table, you have also peace in the hall for your table tennis preparation!**

<b>OVERALL RATING</b>			X	
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**Comment:**

All of us and yourself we have been through a hard period with your injury, but you learned the lot, we kept together and your teammates also did an excellent job. With this experience together we are better connected and we are closer to each other. Now that you are fully back the way is to **keep working daily** and get back to international scene on a tournament level. Additionally you are taking a very important part for the team which will continue, the real tests come now for the second part of the season so **exciting period is approaching until Rio!**

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Signature Player

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Signature Observer