

Liebherr Masters College

REVIEW Player

Name of the Player:	Season 2015/16	Date:
Adam Szudi	1. Review	18.01.2016
Position:	Next Review Date:	
Player LMC		

GOAL:

1. The performance and moral of the player should be reflected over the last 6 months in order to review the standings of their table tennis and other related areas
2. Reflecting the strengths and/or topics which need to be improved
3. Showing the player exactly what is expected from him and give him possibility to improve

This chart is a guidance for the performance appraisal:

Insufficient	Player is not achieving the requirements requested in Ochsenhausen. Immediate improvement is needed
Improvement needed	Player is often not achieving the requirements in Ochsenhausen. Improvement is needed.
Meet the requirements	Player is achieving the requirements on a regulary basis.
Exceed the requirements	Player is exceeding the requirements and is an important example for others
Outstanding	Player is always exceeding the requirements and is an example for other players in strenth, will and moral

	Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
Results					
<i>League Balance</i>			X		
<i>World Tour</i>			X		
<i>Challenger Series</i>			X		
<i>National Team</i>			X		
<i>Other Tournaments:</i>					
<i>Average Results:</i>			X		

Comment:

You have made a very good start in the league collecting some reasonable wins, moreover **Belgium Open** was great to show your level also internationally. Analysing this part it can be said that it was very much down to your summer work and peace in the programme. You made the team for the Europeans which is a good step, than the results were fine with some ups and downs but that is normal. Overall it was a good first half with the expected improvements in your results.

	Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
Mental Area					
<i>Approach/ Attitude</i>				X	
<i>Fighting Spirit</i>			X		
<i>Persistence</i>			X		
<i>Humility</i>				X	
<i>Mood</i>				X	
<i>Identification</i>		X			
<i>Group Spirit</i>			X		
<i>Average Mental Area:</i>			X		

Comment:

From the summer on you are fully involved in your sport project, you are working on another level, you are entering in a different stage in your career. The idea is simply to keep going having a very big focus in the mental area especially when it comes to your own table tennis style and identity. **This is where you make the difference by understanding and learning fast!** You feel that to get a high level it can be reached for you and it can be reached within much shorter time than you imagined before. **Take care of your lazy part and continue building your very own mental strength!**

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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Physical Preparation

Strength/Stability			X	
Endurance		X		
Speed		X		
Balance		X		
Flexibility	X			
Power	X			

Average Physical Abilities:

X

Comment:

You are having a good approach towards this area so just continue to have focus on physical work. The way of your work is good, your weight is fine, keep this way. **Think of speed and do all with speed!** This you will transfer in your table tennis so this must be an idea to have always in mind when you work physically. **Make your own difference also in the physical part!** Focus on stretching and rehab also, this will be more and more important the higher you get.

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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Game

Footwork	X			
Forhand		X		
Backhand		X		
Passive Game (FH, BH, taking over)	X			
Above the Table (Flick, short-short, choop)		X		
Service		X		
Receive		X		
Far from the table (loobing, counter attack)	X			
Own game/style	X			
Stability		X		
Variations			X	
Consistency		X		

Average Game:

X

Comment:

You improved in all areas, you are working on several things like your backhand. There are also plenty of other areas to get better at, however the idea is that you find your own style, build on it and make some of the areas like variation, sharpness, forehand very strong. Keep working daily, put effort on the basic work but **keep in mind where and with what you win the games!**

Insufficient	Improvement needed	Meet the requirements	Exceed the requirements	Outstanding
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Off Table Activities

Helping out (Pick Ups, ect.)			X	
Planning/ Organised			X	
Flat	X			
Lessons (German/English)				
Car (condition/ accident ect.)				
Being on time			X	
Extra work				X

Average other things:			X	
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Comment:

You have been settled now, you have your life in Ochsenhausen, you are organised, everything has a good basic level. However there is still room to improve especially when it comes the flat and your room. Organisation, planning and keeping a clean environment around you will allow you to work better and more effectively. **What is outside is inside, your environment has a lot effect on you, keep this in mind!**

OVERALL RATING			X	
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Comment:

You have done well in the first part of the season, you met our expectations, you are on a good way! Keep working on your mental strength, build your **confidence** and **belief** that you can be a good player. **Understand fast, learn fast and play your own table tennis.** Your way of working is becoming your general approach and habit so the next period you will be able to focus on how to make the difference against the others.

Signature Player

Signature Observer